

**Subject:** Design and Technology

**Theme:** Make a healthy snack

<i>Knowledge</i>	<i>Skills</i>	<i>Vocabulary (Top 20)</i>
<ul style="list-style-type: none"> <li>• Understand and apply the principles of a healthy and varied diet.</li> <li>• Know that a healthy diet comprises of food and drinks from each of the five food groups.</li> <li>• Know where and how a variety of ingredients are grown, reared, caught and processed.</li> </ul>	<ul style="list-style-type: none"> <li>• Children should learn the skills of cutting, peeling and grating.</li> <li>• Learn how to prepare, make and cook healthy food.</li> <li>• Learn about health and safety when preparing and cooking food.</li> </ul>	<p>Cut Fruit Grow Healthy Safety Slice Balanced Diet Flavour Improve Ingredients Measure Peel Prepare Recipe Scales Processed Texture Varied Variety</p>



**Love**



**Friendship**



**Compassion**



**Community**



**Trust**



**Forgiveness**

*“Let all that you do be done in love.” 1 COR 16:24  
Do all the good you can.... John Wesley*